Bringing it Home

1. “Digging in or giving up. Pushing back or staying down. Escaping or surrendering.” However you describe it, which of these choices best describes how it’s been going for you with temptation lately?

2. When you look at the eight principles for resisting temptation, which do you think might be most helpful for you right now? How will you practice that principle this week?

3. This week: As a group, each day this next week, ask God to help you be alert and careful for the temptations you will face.

How Can I Overcome Temptation?
I Corinthians 10:13
October 12, 2014 ♦ Dr. David Jeremiah

Sermon Notes

I. The Common Experience of Temptation - I Corinthians 10:13a; Hebrews 4:15

II. The Controlled Environment of Temptation - I Corinthians 10:13b; James 1:13; II Corinthians 1:8-10

III. The Certain Escape from Temptation - I Corinthians 10:13c; Hebrews 2:18

1. Recognize the possibility of temptation. - I Corinthians 10:12; Proverbs 16:18

2. Request help in advance of temptation. - Matthew 6:13a; Matthew 26:41

3. Resist the devil and he will flee from you. - James 4:7

4. Retreat from certain kinds of temptation. - I Corinthians 10:14; 6:18; II Timothy 2:22; I Peter 2:11; I Timothy 6:10-11

   A. We are to run from idolatry. - I Corinthians 10:14
   B. We are to run from sexual immorality. - I Corinthians 6:18; II Timothy 2:22; I Peter 2:11
   C. We are to run from greed. - I Timothy 6:10-11

5. Remove any means of sin far from you. - Proverbs 4:14-15; Romans 13:14

6. Replace bad influences with good ones. - Proverbs 13:20

7. Resolve to live on the high road.

8. Refocus your affections.
Small Group Questions

Getting Started
1. John White wrote that, “You will be tempted continuously. You will be tempted ferociously at times of crisis. As long as you live, you will be tempted.” What is your gut response to that statement?

2. Since temptation is common to us all, take a few minutes and list out as many temptations as you can. (You will use this list later.)

Digging Deeper
1. Why do you think Satan uses temptation as a primary tool to weaken our devotion to Jesus? What makes temptation such an effective weapon against us?

2. How does it help us to know and believe that all of us face the pull of the temptation in our lives?

3. Pastor Jeremiah mentioned that, “The more we grow toward the Lord, the more we are tempted.” Why do you think that’s true? What is it about moving toward God that increases temptation in our lives?

4. How would Jesus respond, specifically, to some of the temptations you have listed as a group? What might he literally do, think, or say with the temptations you’ve listed. Hebrews 2:18; 4:15-16; 1 Corinthians 1:7-9; 2 Thessalonians 3:3

5. In the Bible we see watchfulness as a core remedy to temptation in our lives. Look at the following verses and summarize what they say about being aware of temptation. Matthew 26:41; 1 Corinthians 10:12; 1 Peter 5:8-9

What is it about the nature of temptation that makes vigilance such an essential practice for followers of Jesus?