

Bringing it Home

1. We also heard, "...when we fill our minds with God's truth, it changes our perspective about life." How healthy is your current perspective on life? Is it a life-giving perspective or a life-draining one? Describe one specific thought that is making your life feel difficult.

2. What life-change do you need to make? How would connecting more deeply with God (through his Word) give you the needed change in your life? How would relying on the Bible, instead of your own thoughts, change your life for the better?

A Book That Will Change Your Life

Psalm 19:7-11

December 1, 2013 ♦ Dr. David Jeremiah

Sermon Notes

- I. Six **Titles** for the Bible – Synonyms - Psalm 19:7-9
 1. The **law**
 2. The **testimony**
 3. The **statutes**
 4. The **commandment**
 5. The **fear**
 6. The **judgments**

- II. Six **Descriptions** about the Bible - Adjectives - Psalm 19:7-9
 1. **Perfect**
 2. **Sure**
 3. **Right**
 4. **Pure**
 5. **Clean**
 6. **True and righteous**

- III. Eight Action **Statements** about the Bible in Psalm 19 - Verbs
 - A. The Bible will **restore** your soul. - Psalm 19:7a
 - B. The Bible will **renew** your mind. - Psalm 19:7b; Romans 12:2;
II Corinthians 4:16; Philipians 4:8-9
 - C. The Bible will **rejoice** your heart. - Psalm 19:8a; 96:1, 4, 11;
Luke 24:32
 - D. The Bible will **refocus** your vision. - Psalm 19:8b
 - E. The Bible will **refresh** your life. - Psalm 19:9a; 119:9; Matthew 24:35;
I Peter 1:24
 - F. The Bible will **replace** your doubts. - Psalm 19:9b
 - G. The Bible will **redirect** your path. - Psalm 19:11a, 13
 - H. The Bible will **reward** your obedience. - Psalm 19:11b; 1:1-3; 16:25;
John 14:6

Small Group Questions

Getting Started

1. Describe a life-changing moment you've had. What happened in that experience that "changed" your life? Who was involved? How was your life different from that moment on?

2. Some life changes are challenging and hard (difficult). Other life-changes are welcomed and needed (desired). Talk about either 1) a "difficult" life change or 2) a "desired" life change you've had. How would your life have been different without this experience?

Digging Deeper

1. The Bible is a life-changer. How has the Bible changed your life? Describe your own personal journey of discovering, learning, and living out what the Bible teaches about God and his plan for your life.

2. This week, we heard that the Bible is "...God's owner's manual." How does the Bible help us do life in the way God intended? How has the Bible transformed your understanding of God and his purposes (plans) for your life?

3. In a world of lies and confusion, the Bible is trustworthy and sure. Read the following verses and discuss how the Bible works as a reliable guide toward health and life.

I Kings 8:56

Psalm 93:5

Psalm 111:7, 8

Matthew 5:18

Luke 21:33

4. Pastor Jeremiah said, "...many people are looking in their minds for the negativity of life." How do you see this played out in people you know? In what ways do they feed their minds on negative thoughts? How does being around these people make you feel?

5. Read Matthew 4:4. The Bible offers us a way to feed on the positive, life-giving words of God. How is reading the Bible similar to eating food? How are our minds and hearts "nourished" by the Bible? Tell of a time when your negative thoughts were changed into more positive, healthy thoughts by reading the Bible?