

## SMALL GROUP QUESTIONS

### Getting Started

1. What are some of the everyday things you place your trust/confidence in? How do you feel when what you trust works the way it should?

### Digging Deeper

1. When you face hardships, what is your refuge? What are some of the ways you draw near to God when life gets hard?

2. Read Psalm 46:1 and Exodus 33:14. David knew that he could be triumphant if he would simply trust/access God in troubling times; so can we. How do you “access” God when you face difficulties?

3. Read 1 Samuel 17:32-37 and talk about how David victoriously responded to this enemy of God (Goliath). What do we learn from David’s declaration that gave him triumphant confidence in the face of a huge enemy?

4. When was your own David and Goliath moment? When has God come through for you and helped you successfully navigate through painful and/or frightening times?

5. Of the two options below, which one feels like something you need to practice more regularly?  
Review/rehearse/remember what God has already done.  
Reclaim/reacquire/recover the Words of God.

### Bringing it Home

1. How can your perspective shift from being fearful/anxious, overwhelmed to being still and knowing that HE is God? How will this allow you to shift the burden off your shoulders and onto His?

2. What might a specific burden be that you know you need to lay down in order to triumphantly move forward in trust?

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**SHADOW MOUNTAIN**  
COMMUNITY CHURCH

**Sermon Notes**  
May 16 and 17, 2020

# TRIUMPHANT OVER TROUBLE

Pastor David Jeremiah

## INTRODUCTION

2 Kings 18:3, 5-7, 29-31; 2 Kings 19:6-7, 19, 35-36

I. When Trouble Comes, \_\_\_\_\_ to Your Refuge  
Psalm 46:1-3

A. You Have an \_\_\_\_\_ Refuge  
Psalm 46:1a; Deuteronomy 33:27; Psalm 18:2; Psalm 91:2

B. You Have an \_\_\_\_\_ Refuge  
Psalm 46:1b; Exodus 33:14

C. You Have an \_\_\_\_\_ Refuge  
Psalm 46:2-3; Psalm 102:25-28

II. When Trouble Comes, \_\_\_\_\_ Your Strength  
Psalm 46:4-7

A. You Have a Secret \_\_\_\_\_ Within  
Psalm 46:4; John 4:13-14; John 7:37-38

B. You Have a Secret \_\_\_\_\_ Within  
Psalm 46:5-7; Proverbs 18:10

III. When Trouble Comes, \_\_\_\_\_ Your Thoughts  
Psalm 46:8-11

A. \_\_\_\_\_ the Works of the Lord  
Psalm 46:8-9; 2 Kings 19:35

B. \_\_\_\_\_ the Words of the Lord  
Psalm 46:10-11

## CONCLUSION