

And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another (Hebrews 10:24-25).

Greetings small group leaders, co-leaders, hosts, apprentices, and leaders in training:

The Blahs

Before we work on any business, let's talk about something that is everywhere: The "blahs." What are the blahs? The blahs are those emotions that we can't quite define that show up when we least expect them and make us feel like our minds and energy are stuck in quicksand. During times of emergency (like our current crisis), the blahs can even feel mildly depressive. I've been feeling them, and I've been talking to a lot of people who are feeling them as well. No one has the same reason as to "why" they are feeling them. If you haven't been feeling them, you will. If you have felt them, chances are you will feel them again. The blahs are completely normal.

Why are we talking about the blahs? Because I want you to know that we are not expecting anything more than the current version of you (including the blahs). Your energy and focus may not be 100%...or 75%...or even 50% percent. Whatever you've got is going to be good enough. Leaders lead, in good times and bad.

Now, on to next steps...

Zoom is a GREAT option for your small group to stay connected:

What is Zoom? Zoom is a remote conferencing tool that is available for YOU to use with your small group. If you have a computer/phone/tablet capability—and those in your group do as well—this is a GREAT solution to isolation.

Not sure how to get connected to Zoom? Check out these simple tutorials:

(Note: be sure to click "Skip Ads" if an ad pops up.)

- To connect with your smartphone: [click here](#).
- To connect with your computer: [click here](#).
- To connect with your iPad: [click here](#).

We already have three Zoom small groups happening each week. You are INVITED to join one of these groups to learn about the Zoom experience:

- **Tuesday** (6-7:30pm)
Join URL: <https://zoom.us/j/446790438>
- **Wednesday morning** (10-11:30am)
Join URL: <https://zoom.us/j/502348890>
- **Wednesday evening** (6-7:30pm)
Join URL: <https://zoom.us/j/572984799>

Stories of Connection... (please email us your story of connection!)

Tonight, we are trying Zoom, praying it goes well. Over half of our group is over 65, so today was spent in one-on-one instructions ;-). We'll see how it goes, but everyone is eager to connect and pray together...next week (after this "practice" week) we will actually do our lesson. Thanks for the encouragement to go electronic!

- Murf & Linda M.

We had a wonderful small group experience last night. As you know, we all are to stay at home. This has been a real challenge to meet as a small group. We decided to do a conference call. It worked great. Everyone could participate from the comfort of their own table and chair and wear whatever comfortable clothes they want. We had fellowship, prayers and bible study with everyone else in the group. Everyone was thankful that we were able to do that. The only downside was that eating the dessert that would have been shared, LOL.
- Bill G.

We opted to do a Zoom small group. While we had some glitches, we were successful. With the exception of one person, it was everyone's first time using Zoom. Our Zoom meeting went 2 hours, with no issues. Over the course of the week, Keev and I reached out to the others to check in on them and help get them set up for the upcoming week. I was convicted of the verse to never stop meeting together and we didn't.
Have a great week,
- Keev and Jini A.

Stay connected to SMCC:

1. Sign up for digital/online giving: [click here](#).
2. Sign up for Pastor Jeremiah's daily devotional: [click here](#).
3. Watch the livestream of church services on our website, [click here](#).
4. Watch on Facebook: [click here](#).
5. Be sure to read any new communications that you get from Shadow Mountain.

Want to start a Facebook group? [CLICK HERE](#) to learn how!

Attached, please find this week's Leadership Packet and Small Group Questions! If needed, here are links to last few weeks of Leaders Notes: [March 15th](#) and [March 22nd](#)

We are PROUD of you. You are NEEDED. We BELIEVE in you.

[We] can do all things through Christ who strengthens [us] (Philippians 4:13).

Lead well,

Pastor Dale, Bethany, and Melissa