



Week 3- Philippians Ch 3

It is SUCH a blessing to do this study! Pastor Jeremiah's messages will encourage and uplift, solid teaching in the Word of God. See all details at www.shadowmountain.org.

I encourage you to read over the study guide before you read or listen to the chapter. (attached) Let it help guide your reading and what you are observing. I love to write the date in my Bible, and then when I revisit that passage, I enjoy knowing that I had been there.

If you can, write down or mark in your Bible the things you learn. I encourage you to use the "Tips" below as an exercise to list your observations. What have you learned? What can you apply in your life? What can make you a little bit more Christ-like today?

Remember, this study is a meditation study, soaking in the chapter every day. As you daily read and or listen to Philippians chapter 3, I hope you can take the time to review and enjoy the resources below, which can enrich your reading and understanding.

RESOURCES this week:

[Philippians ch. 3 - Deb Talk](#) Video - 4 minutes, 45 seconds: my overview of the chapter.

[Philippians video](#) from "The Bible Project" - 9 minutes, 13 seconds "The Bible Project offers short videos for each book of the Bible, a great overview resource. Because it is packed with information, I like to watch and re-watch it.

READING: [Philippians ch. 3 - NLT version](#) - reading from the New Living Translation version

READING: [Philippians ch. 3 - AMP version](#) - reading from the Amplified version

LISTENING: [Philippians 3 - NIV](#) - listening to the New International Version

BUILDING BLOCKS – Philippians chapter 3

1. Paul's passionate love and care for the Philippians is evident in how he opens with "brothers and sisters", using strong words towards those who would threaten their faith.
2. Sharing his very personal autobiography is a powerful part of Paul's testimony, which challenged Jewish tradition of the day.

3. Paul sets his life before the Philippians as an example to live by, forgetting what was behind, pressing on through Christ, looking forward to heaven.

TIPS – Philippians chapter 3

1. In verses 2,18 and 19, observe how Paul describes those who would threaten the faith of the Philippian believers. See the contrast to those described in verses 15, 16 and 20.
2. In verse 8, Paul states an interesting contrast between "garbage" and "gain", (NIV). Carefully review verses 4-11 and list what he was referring to for each.
3. Notice that in verse 12 Paul says he is pressing on. Notice verse 13 tells us **how** he is pressing on, verse 14 tells us **what** Paul is pressing on toward, and verse 20 and 21 tell us **why**.

Love in Christ,

Debby

Debby Lennick
Women's Ministries Director
Shadow Mountain Community Church, main campus
2100 Greenfield Drive
El Cajon, CA 92019
Debby.Lennick@shadowmountain.org
www.shadowmountain.org/women